

Stay Safe! Program Itinerary November 17, 2022

10 am-3 pm

10:00 am Drop off at the Aquatic Centre–Lobby Classroom
10:15 am Safety Centred crafts and games
11:00 am Pool Time– Water Safety Skills and Self Rescue Skills
12:30pm Lunch Break
1:00 pm Safety Centred Learning Activities
3:00 pm Pick up at the Aquatic Centre–Lobby

Upcoming Programs & Events

• November 19 2-4 pm Goo Zone

Classroom

- November 25 6–8 pm Epic Beach Party
- December 10 2-4 pm Red & Green Swim

For more information, visit: www.comoxvalleyrd.ca/rec or call 250-334-9622 ext. 2

Please bring:

- Your bathing suit & 2 towels.
- Healthy lunch, snack & water.
- Active wear & running shoes including weather appropriate clothing and sunscreen.

Reminders:

- Please let the leader know if your child has any allergies or medical conditions or is taking any medications we should be aware of.
- Do not send your child with money or other valuables.
- If the child is walking home alone or anyone is picking up the child other than you please let the leader know.
- Please make sure the front desk has all of your contacts #'s.
- You will receive a welcome letter a few days before the start of camp.
- If you have any questions please contact the Aquatic Centre Coordinator, Tammy Matfin at 250-898-3712.



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