



Nymph Falls Nature Park features 61ha (151 acres) of second-growth forest located on the north side of the Puntledge River. The river is one of the main attractions of the park, along with Nymph Falls. The river and falls rage over a series of exposed bedrock ledges from fall to spring, to the delight of white water enthusiasts. In the summer the glacial waters run calm, clear and cool, making the park and nearby Barbers Hole popular spots for a refreshing dip.

The spectacular Nymph Falls cascade over fish ladders that were blasted out 70 years ago to assist spawning salmon swimming upstream. Watch fish returning in October and November leap their way up the falls. A rock outcrop at the shore provides a good location to view the river, the falls and fish ladder, as well as a sunny site to picnic, sunbathe and swim. The falls are a leisurely ½ km stroll from the parking lot.



Dogs are welcome, even off leash if kept near and under control. There is a picnic area and two outhouses along with a few scattered benches. The picnic table clearing close to the river at the base of the main entrance was once the site of a labour camp for conscientious objectors during World War II.

The Puntledge River is an important habitat for fish, including salmon and trout. The river also provides hydroelectric power and drinking water to residents of the Comox Valley. It is considered one of the best swimming spots in the Comox Valley.



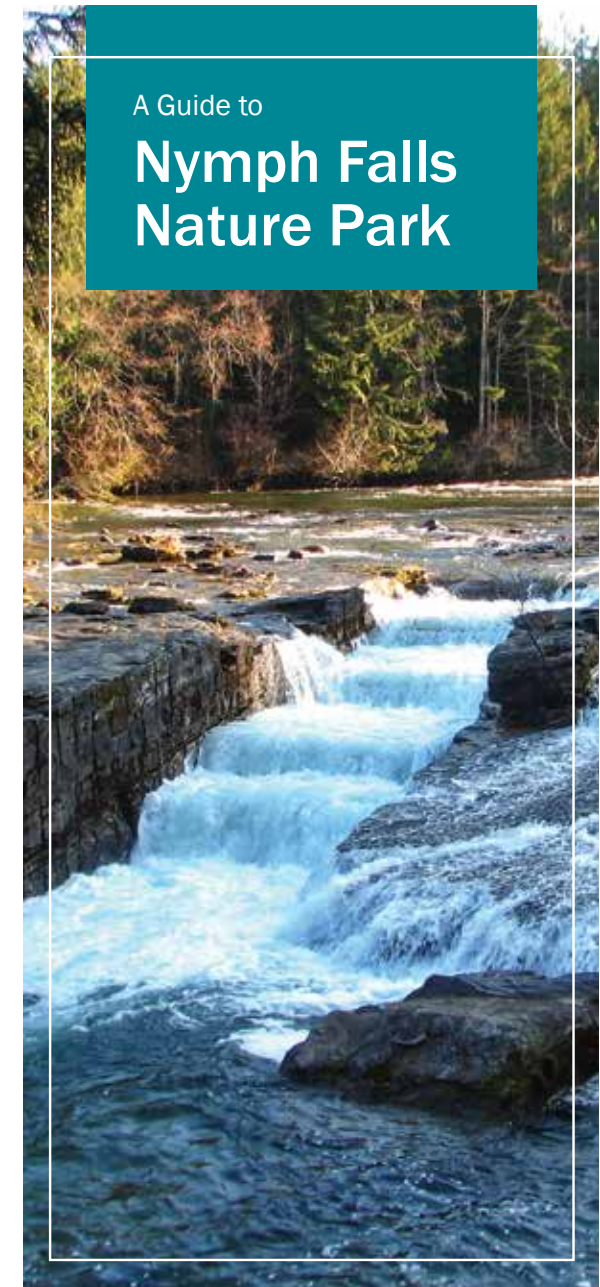
#### Multi-Use Recreation Trails

- Leashing optional trails – expect unleashed dogs. Please keep your pets near and under control. Always have a leash, collar, dog bag and valid licence for your pet.
- Not all technical features on bike trails have ride arounds.
- No alcohol, loud music, camping, fires, ATVs.



Bears and cougars pass through the forest regularly. Always keep children and pets in sight. Animals are more active at night. Use trails after dawn and before dusk. Make noise to avoid surprising wildlife and triggering an attack. Wildlife that ignores you, looks calm, or appears friendly may attack without warning. Report unafraid animals or those getting into human food sources to 1-877-952-7277 or #7277 on Telus mobiles.

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 November 2017 • Cover photo by Bev Hutchinson



A Guide to  
**Nymph Falls Nature Park**

# Nymph Falls Nature Park

## Recreational Trails

Swimming in the Puntledge River is unsupervised.  
 Changing currents and water depths can be a drowning hazard, as can branches and trees in the river.  
 The Puntledge River is a hydroelectric spillway.  
 An alarm indicates the river level is rising.

**If you hear the alarm, evacuate the river immediately.**

Please stay on marked trails.  
 No alcohol in park or river.

### Trail Distances

(from falls parking lot)

Barbers Hole	1.1 km
Comox Lake Dam	6.0 km
Inland Highway	2.1 km
Nymph Falls	470 m

### LEGEND

- Bench
- Parking Lot
- Picnic Area
- Pedestrian Only Trail
- Multi-use Trail
- Bike Trail (Advanced)
- Technical Bike Feature
- Trail Floods in Heavy Rain
- Trail Sign with Map
- Toilet
- Stair Access to River

November, 2017. This map is not a legal document. This map is a composite of different data sets that were developed from different methods and dates. This map should be used with caution. The CVRD and its partners are not responsible for any damages resulting from any omissions, deletions or errors.



Nymph Falls Trail map at [comoxvalleyrd.ca/nftrails](http://comoxvalleyrd.ca/nftrails)  
 0 50 100 200 300 Metres

270m to Barbers Hole (lifesaving ring available)  
 5km to Comox Lake Dam

BC Hydro Puntledge Recreation Area  
 more info at [www.bchydro.com/community/recreation\\_areas.html](http://www.bchydro.com/community/recreation_areas.html)

