



Olympic Trials

(Ages 6-12)

Sport Daycamp Itinerary

August 17-21, 2026 | 10:00 - 3:00 pm

CVRD Sports Centre, Arena #2 + Pool, 3001 Vanier Dr

The CVRD respectfully acknowledges the land on which it operates is on the unceded traditional territory of the K'ómoks First Nation, the traditional keepers of this land.

10:00 am	Drop off- Arena 2 Lobby
10:15 - 11:15 pm	Ice Sports
11:15 - 12:30 pm	Outdoor Sports
12:30- 1:00 pm	Lunch
1:00- 1:45 pm	Games or Crafts
2:00 - 2:50 pm	Pool Sports
3:00 pm	Pick up- Arena 1 Pool Lobby

Upcoming Programs & Events

August 24-28	Silly Sport camp
August 24-28	C.I.A camp
Aug 31- Sept 4	H2OX2 camp

Be sure to bring:

- Personal helmet, gloves, and long sleeved shirt and pants for skating
- Healthy lunch, snack & water bottle
- Clothing and footwear appropriate for indoor and outdoor physical activity
- Swimsuit and towel for swimming

Reminders:

- Do not send your child with money or other valuables.
- If you have any questions please contact the Sports Program Coordinator, Regan Jamieson at: 250-898-3708.

For more information,
call: 250-334-9622 ext. 0 or
visit: www.comoxvalleyrd.ca/rec