



## Gootastic (Ages 7-10)

### Aquatic Daycamp Itinerary

July 6 -10, 2026 | 10:00 am-3:00 pm

**CVRD's Exhibition Grounds, 4839 Headquarters Rd**

*The CVRD respectfully acknowledges the land on which it operates is on the unceded traditional territory of the K'ómoks First Nation, the traditional keepers of this land.*

|          |   |
|----------|---|
| 10:00 am | Drop off at the Comox Valley Exhibition Grounds—Activity Room A |
| 10:15 am | Experiments & Slime Production                                  |
| 11:00 am | Outside Messy Games & Water Play                                |
| 11:45 am | Leave for River   |
| 12:30 pm | Lunch Break   |
| 1:00 pm  | Swimming in the Tsolum River                                    |
| 3:00 pm  | Pick up at the Comox Valley Exhibition Grounds—Activity Room A  |

### Upcoming Programs & Events

|            |                             |
|------------|-----------------------------|
| July 13-17 | Adventures In Magic Daycamp |
| July 20-24 | Wild and Wacky Daycamp      |
| July 27-31 | River Explorers Daycamp     |

### What to Bring

- Your bathing suit & 2 towels plus a garbage bag to sit on for the ride home
- Healthy lunch, snack & water
- Active wear & running shoes
- Weather appropriate clothing
- Sunscreen

### Reminders

- Do not send your child with money or other valuables.
- You will receive a welcome letter a few days before the start of camp.
- If you have any questions please contact the Aquatic Program Coordinator, Tammy Matfin at: 250-898-3712.

For more information,  
call: 250-334-9622 ext. 2 or  
visit: [www.comoxvalleyrd.ca/rec](http://www.comoxvalleyrd.ca/rec)