



## Splash Zone (Ages 7-11)

### Aquatic Daycamp Itinerary

**August 12-16 2024 | 10:00 am-3:00 pm**

**CVRD's Sports Centre, 3001 Vanier Drive**

*The CVRD respectfully acknowledges the land on which it operates is on the unceded traditional territory of the K'ómoks First Nation, the traditional keepers of this land.*

10:00 am	Drop off at the Sports Centre-Aquarium Room
10:15 am	Games, Crafts & Healthy Snack Time
11:00 am	Swimming Skills & Water Safety
12:30 pm	Lunch Break
1:00 pm	Focus on Water Sports
2:00 pm	Free Time in the Water
3:00 pm	Pick up at the Sports Centre-Aquarium Room

### Upcoming Programs & Events

Aug 19-23	Adventures in Magic Daycamp
Aug 26-30	C.I.A. Hockey Daycamp
Aug 26-30	Impact Sports Daycamp

### What to Bring

- Your bathing suit & 2 towels
- Healthy lunch, snack & water
- Active wear & running shoes
- Weather appropriate clothing
- Sunscreen

### Reminders

- Do not send your child with money or other valuables.
- You will receive a welcome letter a few days before the start of camp.
- If you have any questions please contact the Aquatic Program Coordinator, Tammy Matfin at: 250-898-3712.

For more information,  
call: 250-334-9622 ext. 2 or  
visit: [www.comoxvalleyrd.ca/rec](http://www.comoxvalleyrd.ca/rec)