



SPORTS CENTRE PUBLIC SKATING

3001 VANIER DR, COURTENAY, 250-334-9622

Lace up your skates and get ready to enjoy the season by gliding around the arenas. If you are a little rusty, see page 18 for details on a full range of lessons.

Skaters are strongly encouraged to wear CSA approved helmets when on the ice. Sessions are subject to cancellation due to holidays, tournaments or special events. For daily schedule information please phone 250-334-9622 ext 1.

Our skate shop has a full size range of rental skates available for \$2.00.

Until such time as the construction is complete, arena, pool and wellness centre showers and dressing rooms will be scheduled, as available.

DROP IN HOCKEY SIGN UP OPENS 45 MINUTES BEFORE SESSION STARTS. SHINNY & NOON HOCKEY ARE LIMITED TO 20 PLAYERS AND 2 GOALIES. 55 & OVER HOCKEY IS LIMITED TO 26 PLAYERS AND 2 GOALIES. PLAYERS MUST BE PRESENT TO SIGN IN AND PAY ADMISSION.

PUBLIC SKATING SEPTEMBER 27, 2010 - MARCH 18, 2011 - Oct 11 all public drop in sessions cancelled except ADDED everyone welcome skate 1:00-3:00pm & 6:30-8:30pm. Oct 22 ADDED everyone welcome skate 1:15-3:30pm. Nov 11 all public drop in sessions cancelled except ADDED everyone welcome skate 2:00-4:45pm. Nov 25 ADDED everyone welcome skate 2:00-4:45pm. Feb 7 ADDED everyone welcome skate 1:15-3:45pm. Special schedules will be in effect during Christmas break Dec 18, 2010-Jan 3, 2011 and Spring Break Mar 19-27, 2011.

FACILITY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
EVERYONE WELCOME SKATE Helmets strongly recommended	9:45-11:15am Arena #1 6:30-8:30pm Arena #2	3:00-4:45 Arena #2	9:45-11:15am Arena #1 6:30-8:30pm Arena #2	3:00-4:45pm Arena #2		3:15-5:00pm Arena #2	
FAMILY SKATE Children accompanied by adult							1:15-3:15pm Arena #2
PARENT & TOT SKATE 6 & under with parent			10:15-11:30am Arena #2		10:15-11:30am Arena #2		
35 & OVER SKATE					9:45-11:15am Arena #1		
SHINNY HOCKEY All ages - helmet, gloves & stick required, soft puck used					2:30-3:30pm Arena #2		
NOON HOCKEY Ages 18+ - full gear required	11:30am-12:45pm Arena #1 11:45am-1:00pm Arena #2	11:30am-12:45pm Arena #1 11:45am-1:00pm Arena #2	11:30am-12:45pm Arena #1 11:45am-1:00pm Arena #2	11:30am-12:45pm Arena #1	11:30am-12:45pm Arena #1 11:45am-1:00pm Arena #2		
WOMENS' RINGETTE Ages 16+ - full gear required				11:45am-1:00pm Arena #2			
55 & OVER HOCKEY Full gear required	2:15-3:30pm Arena #1	10:00-11:15am Arena #1 2:00-3:15pm Arena #1	2:15-3:30pm Arena #1	10:00-11:15am Arena #1	2:15-3:30pm Arena #1		