

EMERGENCY KIT

FOOD & WATER

- Water, 4 litres per person per day
- Water for your pets
- Food for three days
- Paper plates, cups bowls, cutlery etc.
- Manual can opener
- Alternate cooking source with fuel

HEALTH & SAFETY

- FIRST-AID KIT
- First-aid manual
- Toiletries (toilet paper/toothbrush, hygiene products, etc.)
- Medications, spare eyeglasses
- Heavy work gloves
- Sturdy shoes
- Emergency blanket, poncho, blankets or sleeping bags
- Safety whistle

SANITATION

- Portable toilet or bucket with lid
- Disinfectant
- Hydrated lime
- Shovel
- Plastic garbage bags & twist ties

TOOLS

- Flashlight & batteries
- Portable radio, with batteries or a wind-up radio
- Wrench, crowbar, axe
- Rope, 6 metres (20 feet)
- Duct tape
- Multi-blade knife
- Roll of clear plastic (to cover broken windows)

MISCELLANEOUS

- Cash, especially coins for pay phone
- Direct numbers for police, fire and ambulance
- Name & telephone numbers for your out-of-town contact
- Photocopies of personal identification
- Family/insurance documents, photos
- Children's toys
- Extra house/car keys
- Duct tape
- Crowbar or prybar
- Tent