

## EMERGENCY KITS FOR THE CAR AND THE WORKPLACE

Many people spend more than one-third of their time at work and/or in their cars. Keep a small, portable emergency kit in the car and at the workplace to get through the initial hours after a disaster or until it is safe to go home. Here are some suggested supplies:

### Car or Workplace Emergency Kit

- Water
- Food
- Flat comfortable shoes
- Flashlight & batteries
- Small first aid kit & manual
- Cash & coins (for pay phones)
- Whistle
- Medication
- Fire extinguisher (A-B-C)
- Blanket
- Toilet tissue
- AM/FM radio & batteries
- Name & telephone number of your emergency and out-of-area contact(s)
- Warm, protective clothing
- Heavy gloves
- Flares (for the car)
- Small tool kit (for the car)
- Local maps (for the car)