



History

Seal Bay Park lies within the unceded traditional territory of the K’ómoks First Nation and contains many cultural and natural values meaningful to generations of K’ómoks families. Indigenous people historically visited the bay and forests to collect supplies and to camp during canoe trips. They refer to these lands as Xwee Xwhyha Luq (pronounced Zway Why Luck), meaning “a place that has beauty, beauty that is not only seen but also felt.”

In 1970 the Comox Strathcona Natural History Society initiated efforts to have the beauty and serenity of the Seal Bay forests and coastline protected as a nature park. In 1975, after years of lobbying provincial and local politicians, the society convinced the Province to protect about a quarter of the present day park. Due to the determination and efforts of these volunteers, many regionally significant ecosystems have been preserved and a recreational trail system established for the enjoyment of everyone.



New Trail Names

Trails throughout Seal Bay Park have been renamed, taking into account the rich cultural heritage of the K’ómoks First Nation (KFN). Representatives from KFN and the Comox Valley Regional District (CVRD) gathered together to conduct a traditional blessing and sign unveiling ceremony in June 2020. The new signs reflect a variety of natural park elements, animals and cultural references and include English and the traditional Coast Salish *aḵaḵuṁ* language. To help park visitors learn and pronounce the Coast Salish names, signs feature phonetic pronunciations.



Seal Bay Nature Park and Forest is protecting 642ha (1,585 acres) of biodiversity and treasured wildlife habitat.



Park Ecology

The park contains a variety of ecological features including second growth forest, wetlands, fern laden ravines and a rocky ocean beach. Deer, owls, ducks, squirrels, beaver, bears, pine marten and many birds call the park home.



Pets & Wildlife

Please keep your dogs under control and respect leashing requirements as identified on the trail map. Trails within the grey background require leashing year round and include Melda’s Marsh, Seal and Coupland Loop trails. Trails within the tan background require leashing during fawn and nesting season between April 1–June 30.

Comox Valley Regional District
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Tel: 250-334-6000 | 1-800-331-6007
Email: communityservices@comoxvalleyrd.ca
Visit: comoxvalleyrd.ca/sbtrails
June 2022





Multi-Use Trail

Pedestrian & Bike

Pedestrian Only

Park Entrance

Parking Lot

Outhouse

Information Kiosk

Horse Trailer Parking

Sensitive Ecosystem

Leash dogs in these areas
April 1 to June 30

Leash dogs in these areas at all times, no bikes or horses allowed