



The favourite attraction of this 55ha (137ac) forest located on the north side of the Puntledge River is Nymph Falls. The falls are a leisurely 600m stroll from the parking lot. The river and falls rage during the fall, winter and spring to the delight of white water enthusiasts. In the summer these glacial waters run calm, clear and cool, making the park and nearby Barber's Hole popular spots to cool off on hot days.

GETTING THERE

Take the Piercy Road connector north of Courtenay toward the Inland Island Highway; turn left at Forbidden Plateau Road just before the highway. There are signs along the road to direct you to the park. From Courtenay it is about a 10km drive or bike ride. Parking is on the left just after 4447 Plateau Road. Please park in the parking lot.



RECREATIONAL TRAILS

As noted on the trail map, the park has specific trails for bicycles, pedestrians and horses.

Mountain Bike: Trails marked in red on the map (Cog the Log and Tree Bender) are bike only and not suitable for beginners.

Pedestrian: Trails are marked in green on the map (Long Loop and Short Loop) are pedestrian-only and are not open for biking. On multi-use trails please be prepared to share with bikes and horses.



NURTURE NATURE, RESPECT THE RULES

- The park is closed 11:00pm - 5:00am.
- Please pack out what you pack in.
- This is a leashing optional park – expect unleashed dogs along the trail.
- Dog owners – please keep your pets under control and always have a leash, collar, dog bag and valid license for your dog with you.
- **Prohibited: smoking, camping, fires, ATV's and motorbikes.**

BEARS AND COUGARS pass through the forest. Always keep children and pets in sight. Animals are more active at night so use the park after dawn and before dusk. Make noise while on the trails to avoid surprising wildlife and triggering an attack.

FLOODING: Trails may be unsafe during heavy rainfalls which can cause the river to flood trails, and during high winds which can cause trees and branches to fall.

SWIMMING in the Puntledge River is unsupervised. Changing currents and water depths can be a drowning hazard, as can branches and trees in the river. The Puntledge River is a hydroelectric spillway. A siren indicates the river level is rising. **IF YOU HEAR THE SIREN, EVACUATE THE RIVER IMMEDIATELY.**

Enjoy other nearby trails: Wildwood Forest, BC Hydro Puntledge River trails and the One Spot Trail.

Comox Valley Regional District
600 Comox Road Courtenay, BC V9N 3P6
250-334-6000 or 1-800-331-6007

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JULY 2011 • Photography by Arthur Sutherland and Mike Yip



Nymph Falls
NATURE PARK



Nymph Falls Park

RECREATIONAL TRAILS

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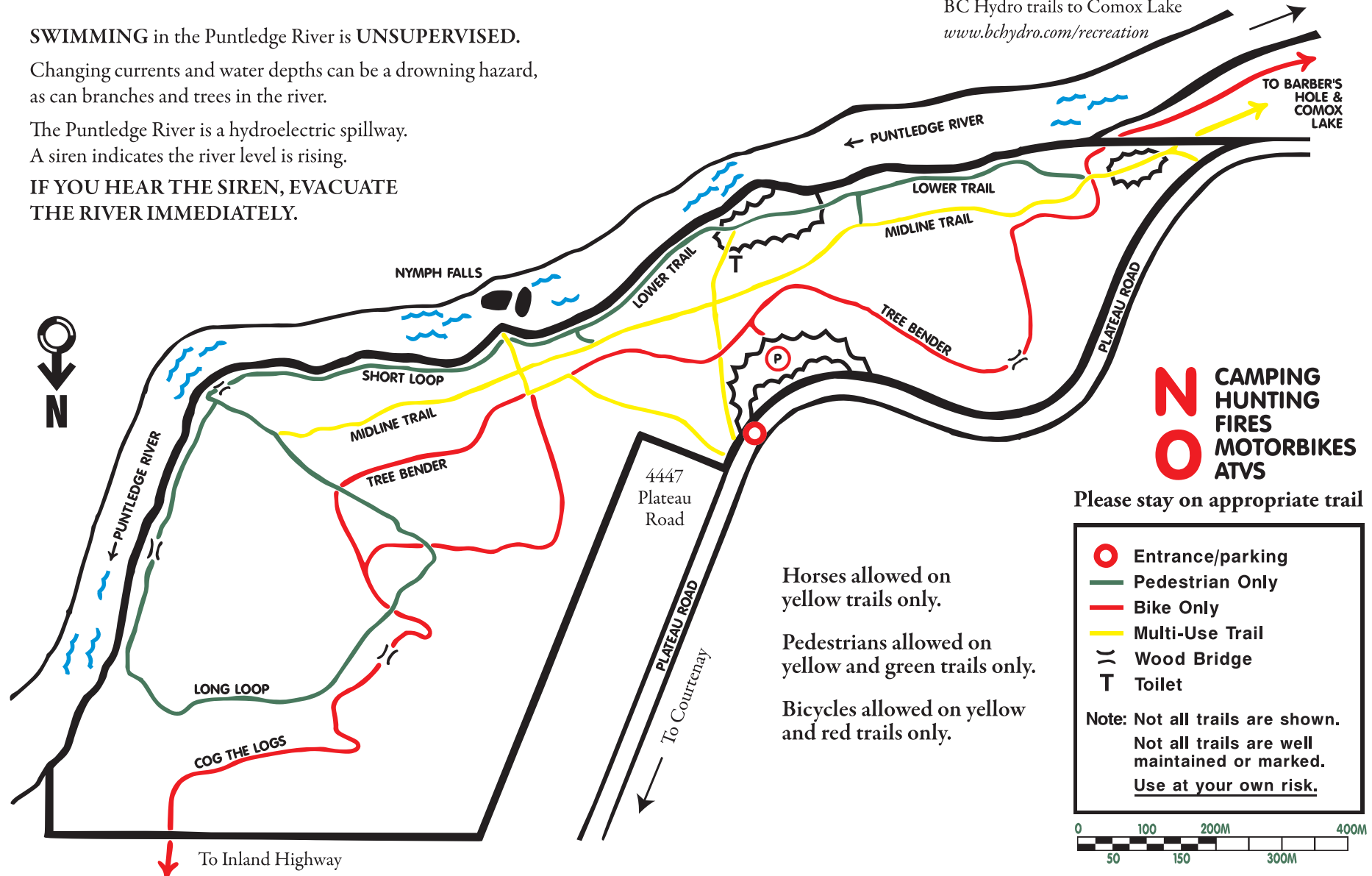
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For information on **kayaking** the Puntledge contact the Vancouver Island Whitewater Paddling Society at surfkayak.org/

For memorial benches or other park gifts ideas look under **Community Services** at www.comoxvalleyrd.ca

BC Hydro trails to Comox Lake
www.bchydro.com/recreation



N CAMPING
H HUNTING
F FIRES
O MOTORBIKES
A ATVS

Please stay on appropriate trail

Horses allowed on yellow trails only.

Pedestrians allowed on yellow and green trails only.

Bicycles allowed on yellow and red trails only.